

# Safe and Drug Free Schools

Programs provided for through Safe and Drug Free Schools (SDFS) include the following:

- **LifeSkills** program for grades 6-8


The *LifeSkills Training* Middle School program is a groundbreaking substance abuse prevention program based on more than 20 years of rigorous scientific research and is one of the most effective evidence-based programs used in schools today. In addition to helping kids resist drug, alcohol, and tobacco use, the *LifeSkills Training* Middle School program also effectively helps to reduce violence and other high-risk behaviors.

- **Too Good for Drugs** program for grades 3 & 5

*Too Good for Drugs™* is a school-based prevention program designed to reduce risk factors and enhance protective factors related to alcohol, tobacco and other drug (ATOD) use among students.

- **Character First** program for grades K-12

*Character First!* is a curriculum that will help strengthen character in the classroom. Both the elementary and the secondary curriculum guides contain historical examples, nature stories, songs, crafts, and memory work that focus on a specific character quality. Pertinent questions assist students in self-evaluation and help create an awareness of the far-reaching effects a character emphasis has on an individual level.



For more information please visit the  
Safe and Drug Free Schools home page at

<http://www.fldoc.org/safeschools/sdfs.asp>

<http://www.unf.edu/dept/fie/sdfs/>