

# Mental and Emotional Health Education Implementation Plan



<b>State Board of Education Rule:</b>	<a href="#">6A-1.094121</a> Mental and Emotional Health Education
Name of the School District	Calhoun County School District
Superintendent of the School District	Darryl Taylor, Jr.
Implementation Period: (MM/YY – MM/YY)	08/19 – 05/20
Submission Date to the Commissioner	On [December 1, 2019] sent to MentalHealthEducation@fldoe.org
Direct URL to the Implementation Plan as posted on the school district website	<a href="http://calhounflschools.org/">http://calhounflschools.org/</a>
School District Contact(s) for this Plan (name and email address)	Tracie Taylor tracie.taylor@calhounflschools.org

Select the specific subject area(s) of the courses in which instruction will be delivered:			
<input type="checkbox"/> Art – Visual Arts	<input type="checkbox"/> Experimental Education	<input type="checkbox"/> Peer Counseling	<input type="checkbox"/> World Languages
<input type="checkbox"/> Computer Education	<input type="checkbox"/> Health Education	<input checked="" type="checkbox"/> Physical Education	<input type="checkbox"/> Other
<input type="checkbox"/> Dance	<input type="checkbox"/> Library Media	<input type="checkbox"/> Research/Critical Thinking	
<input type="checkbox"/> Drama – Theatre Arts	<input type="checkbox"/> Mathematics	<input checked="" type="checkbox"/> Science	
<input checked="" type="checkbox"/> English/Language Arts	<input type="checkbox"/> Music Education	<input checked="" type="checkbox"/> Social Studies	
Select the qualification(s) of the instructors for the above courses:			
<input checked="" type="checkbox"/> Florida Certified Teacher			
<input type="checkbox"/> Community-based Expert			
<input type="checkbox"/> School Nurse			
<input type="checkbox"/> School Counselor			
<input type="checkbox"/> School Psychologist			
<input checked="" type="checkbox"/> Other Licensed Mental Health Counselor			
Please explain the rationale for delivering the instruction in the courses selected above for each grade level.			
<p>6: The district chose to implement the digital piece of the required Mental Health Instruction in the World Cultures course. This course provides a structured environment and there is no standardized assessment in the spring for this course. The small classroom environment allows students to feel safe when asking questions about the content. Licensed Mental Health Counselor/Counselors will have face-to-face follow up discussions about the digital piece in the PE classes.</p> <p>7: The district chose to implement the digital piece of the required Mental Health Instruction in M/J Comp. Science course. M/J Comp. Science provides a structured environment and there is no standardized assessment in the spring for this course. The small classroom environment allows students to feel safe when asking questions about the content. Licensed Mental Health Counselor/Counselors will have face-to-face follow up discussions about the digital piece in the PE classes.</p> <p>8: The district chose to implement the digital piece of the required Mental Health Instruction in M/J US History course. M/J US History provides a structured environment and there is no standardized assessment in the spring for this course. The small classroom environment allows students to feel safe when asking questions about the content. Licensed Mental Health Counselor/Counselors will have face-to-face follow up discussions about the digital piece in the PE classes.</p> <p>9: The district chose to implement the digital piece of the required Mental Health Instruction in HOPE PE course. HOPE PE provides a structured environment and the information in the digital piece is relevant to the HOPE PE course. The small classroom environment allows students to feel safe when asking questions about the content. Licensed Mental Health Counselor/Counselors will have face-to-face follow up discussions about the digital piece in the HOPE PE classes.</p>			

# Mental and Emotional Health Education Implementation Plan



10: The district chose to implement the digital piece of the required Mental Health Instruction in the World History course. World History provides a structured environment and there is no standardized assessment in the spring for this course. The small classroom environment allows students to feel safe when asking questions about the content. Licensed Mental Health Counselor/Counselors will have face-to-face follow up discussions about the digital piece in the World History classes.

11: The district chose to implement the digital piece of the required Mental Health Instruction in the English III course. English III provides a structured environment and there is no standardized assessment in the spring for this course. The small classroom environment allows students to feel safe when asking questions about the content. Licensed Mental Health Counselor/Counselors will have face-to-face follow up discussions about the digital piece in the English III classes.

12: The district chose to implement the digital piece of the required Mental Health Instruction in the US Government/Economics course. US Government/Economics provides a structured environment and there is no standardized assessment in the spring. The small classroom environment allows students to feel safe when asking questions about the content. Licensed Mental Health counselor/counselors will have face-to-face follow up discussions about the digital piece in the US Government/Economics classes.

Please describe the methods for delivering the instruction for each grade level.

6: The students will begin the digital curriculum and face-to-face, interactive discussions will follow with a mental health counselor.

7: The students will begin the digital curriculum and face-to-face, interactive discussions will follow with a mental health counselor.

8: The students will begin the digital curriculum and face-to-face, interactive discussions will follow with a mental health counselor.

9: The students will begin the digital curriculum and face-to-face, interactive discussions will follow with a mental health counselor.

10: The students will begin the digital curriculum and face-to-face, interactive discussions will follow with a mental health counselor.

11: The students will begin the digital curriculum and face-to-face, interactive discussions will follow with a mental health counselor.

12: The students will begin the digital curriculum and face-to-face, interactive discussions will follow with a mental health counselor.

Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.

## **Materials and Resources**

*Everfi* is the digital and print curriculum that will be implemented in grades 6 – 12. The *Everfi* platform offers the following courses: Mental Wellness Basics Course, K-12 Prescription Drug Safety, and the

# Mental and Emotional Health Education Implementation Plan



Character Playbook course that will be implemented. Mental Health is an important element of total health and wellness. Research shows that equipping students with knowledge and tools such as cognitive-behavioral skills not only improves their ability to deal with stressful situations but it also lays the groundwork for preventing significant mental health issues in the future. The Mental Wellness Basics course is designed to help educators’ foster mental wellness in their classrooms and equip students with lifelong mental wellness skills. The Mental Wellness Basics course is divided into: mental health basics, understanding mental health disorders, healthy coping skills, and getting help. The K-12 Prescription Drug Safety course is divided into: basic drug education, science of addiction, understanding prescriptions, safe use, refusal skills, and supporting a friend. The Character Playbook course teaches evidenced based strategies to educate students on how to cultivate and maintain healthy relationships. The Character Playbook course is divided into: analyzing influences, understanding and managing emotions, communicating effectively, resolving conflicts, stepping in, and making decisions. The Kevin Hines documentary, “Suicide: The Ripple Effect” will be shown to all 6<sup>th</sup> – 12<sup>th</sup> grade students. The documentary focuses on the effects of suicide and the tremendous positive effects of advocacy, inspiration, and hope that are helping millions stay alive and heal.

6: Please refer to the above statement.

7: Please refer to the above statement.

8: Please refer to the above statement.

9: Please refer to the above statement.

10: Please refer to the above statement.

11: Please refer to the above statement.

12: Please refer to the above statement.